



PERSONAL PROTECTIVE EQUIPMENT

Awareness Training Program

CIDB

www.zohlgroup.com

COURSE CODE: NT-SHE-07 **LEVEL:** Basic

LANGUAGE: Bahasa & English

OVERVIEW

This PPE Training course is designed to familiarise employers, senior staff, and employees with all the fundamental aspects of PPE that is used in work environments. The course looks at legislation relating to PPE, the various types of PPE that protect workers from hazards, and how to determine the need for PPE. With this knowledge, learners will be fully prepared to select and use PPE properly so health and safety is upheld at work.

OBJECTIVE

Upon completion of this program, the participants will be able to:

- Understand the legal requirement in the usage of PPE at the workplace
- Appreciate the importance of PPE in accident prevention program
- Identify various types of PPE in the workplace
- Understand the correct and proper method in using PPE in order to ensure its effective usage
- Effectively manage PPE at workplace in accordance to legal requirements as well as to basic hygiene requirements .

COURSE DURATION

2 days (9am—5pm) | Tea Breaks: 10:30am & 3:30pm

Lunch: 1:00pm-2:00pm

Note: Please contact our office for Training Date or visit our website for details (www.zohlgroup.com)

METHODOLOGY

This program will be delivered through Case studies, which are built through actual working environments, Small group practical exercises, Small group discussion, Facilitator presentations, Skill practices, application planning and walk-through simulations.

TARGET AUDIENCE

This Personal Protective Equipment training is suitable for anyone who works in an industry with high-risk activities, which often require the use of additional protection beyond other control measures. It is particularly useful for people in charge of upholding health and safety at work and selecting and providing PPE, such as employers and supervisors. But it is also suitable for employees, as it fully educates learners on how to meet legal requirements and use PPE properly.

LOCATION

Mindset Discovery Center™@ZOHL, Bandar Sri Damansara, Kuala Lumpur or Client's Preferred Location or selected venue in the Region(s)

KEY TAKEAWAYS

By the end of this course, learners will have a thorough understanding of:

- What personal protective equipment is, the relevant legislation relating to it, employers and employees' duties, and why it is important in the workplace.
- How to decide if PPE is needed, how to carry out a risk assessment, how to properly select PPE, and how to use it effectively.

- The importance of safety signs, thoroughly maintaining and properly storing equipment, and ensuring that it is suitable for its intended user.
- The various breathing, skin, and eye protective equipment available - including what industries they would be suitable for and how you can maximise their effectiveness.
- The various ear and head protective gear available - including what workplaces they would be suitable for and how you can determine the need for ear PPE by monitoring noise levels.
- The various body and foot protective equipment available - as well as what workplaces and workplace activities may require them. This includes the importance of high visibility attire.

COURSE CONTENT

Module 1

- Overview Of Occupational Safety And Health Act 1994 And PPE Legal Requirements
- OSHA 1994 with PPE Legal Requirement Perspective
- General duties of employers in PPE Provision and Maintenance Program
- General duties of employees in using PPE at the workplace

Module 2

- Managing PPE Effectively
- SOP for PPE Management System
- PPE Procurement Good Practice
- PPE Selection and Identification Process

Module 3

- Types Of PPE
- PPE Classifications Based in Industry Needs
- Common Pitfall of Selected PPE
- Limitation of PPE

Module 4

- PPE Records And Maintenance
- PPE Records and Records Retention
- PPE Maintenance and Hygiene Program
- Challenges in Managing PPE

Module 5

- Practical Guide (Demonstration) Of PPE
- Head Protection
- Respiratory Protection
- Foot Protection
- Other Types of Protection – Vest and etc.

Module 6

- Benchmarking PPE At Workplace
- Evaluation of Current Practice
- Potential Solution for Best Practice

Note: Course Content subject to further review

Customized In-House Training Program is available in the following areas:

Administrative Skills | Career Development | Human Resources | Personal Development | Sales & Marketing | Leadership & Management | Workplace Essentials | Entrepreneurship | Soft Skills | HSE | Engineering | Telecoms | IT

CALL US FOR DETAILS or VISIT OUR WEBSITE AT WWW.ZOHLGROUP.COM



Sebarang pertanyaan sila hubungi Cik Niesa

ZOHL Consultancy Sdn Bhd (332967-D)(SST ID:W10-1810-32000429)

M2-15-02, Level 15, 8trium Tower 2, Jalan Cempaka SD 12/5

Bandar Sri Damansara, 52200 Kuala Lumpur

T: 03.6279.9276 F: 03.6279.0663 HP: 013.398.1038 E: plbk@zohlgroup.com



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COURSE FEE

Peninsular Malaysia

- **With Green Card: RM530.00** per person incl. 6% SST
- **Without Green Card: RM636.00** per person incl. 6% SST

Sabah & Sarawak

- **With Green Card: RM636.00** per person incl. 6% SST
- **Without Green Card: RM742.00** per person incl. 6% SST

(Fee inclusive of Course Material, Attendance Certificate, and Meals)

CERTIFICATE

Participants will be issued a Certificate of Attendance/Accomplishment upon successful completion of this training program. Full attendance is a pre-requisite.

CIDB CCD Points

20 (for CIDB-Registered Companies)

REGISTRATION METHOD

1. **Online:** http://zohlgroup.com/cidb_registration/ **OR**
2. Download this brochure at: <http://zohlgroup.com/cidb-brochures/> and fill up the required information. Then please fax to: 03.6279.0663
3. Or contact our office at: 03.6279 9276 / 013.398.1038

FACILITATOR

K. Puvaneswary - she has seven (7) years working experience as HSE Officer in oil and gas industries focusing mainly on petrochemical plant (Maintenance, Mechanical and Engineering work).



Experience in supervision backgrounds in Plant Turnaround and Plant Maintenance works. Majority of experience is in supervision of scheduled waste management. Accountable and responsible person in handling office administration functions mainly focusing on tender documentation.

Focal person for the implementation of Environmental Management System based on ISO 14001: 2015. Involved in Plant Turnarounds and Plant Maintenance in the following plants: BASF-OXO Plant (Gebeng Industrial Estate, Kuantan), BASF-BDO Plant (Gebeng Industrial Estate, Kuantan), BASF-Acrylics Plant, (Gebeng Industrial Estate, Kuantan) BASF-Port Storage (Kuantan Port, Kuantan), UPC Chemicals (Gebeng Industrial Estate, Kuantan), BASF-Toray (Gebeng Industrial Estate, Kuantan), Petronas Chemical Ethylene Polyethylene (Paka, Terengganu) and BPPA (Paka, Terengganu).

In addition, she is also a Technical Trainer in HSE @ZOHL.

*Note: Trainer availability is subject to change



REGISTRATION FORM

Participant : _____

Position : _____

IC No: _____

Note: please duplicate this page for multiple participants' registrations

Green Card No: _____ (only if it is applicable)

CIDB Grade G : _____ (only if it is applicable)

Training Date: _____

Training Venue: _____

Organization: _____

Address: _____

Contact Person: _____

Position: _____

Tel: _____

Fax: _____

Email: _____

Company Website: _____

PAYMENT

CASH: RM _____ **OR**

CHEQUE No: _____

Please fax your bank-in slip to 03.6279.0663 or scan your bank-in slip and email to plbk@zohlgroup.com

*Please make your cheque payable to:

ZOHL Consultancy Sdn Bhd



Account No:
514392303373

Signature & Company Stamp

Note:

- Date & venue of seminar subject to changes
- Payment must be made 7 days before the training date
- Registration cancelled 7 days prior to the event is subject to RM100 service charge per participant
- No refunds for notice received less than 7 days prior to the event. A substitution may be made at any time at no extra charge.
- Program content may change subject to revision by our consultants from time to time.
- Full fee is required with your registration. 5% Group discount is available - min 3 pax.

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